

MONTHLY TOPICAL SEMINARS

New Orleans

*(For the Family Members and Friends
of St. Joseph Hospice Patients)*

These seminars are provided FREE OF CHARGE for the family and friends of St. Joseph Hospice patients. If you have any questions, please contact Kim Smith at (504) 734-0140 or via email at stjosephnober@yahoo.com. If your loved one was not a patient of St. Joseph Hospice, but you would like information regarding seminars, please contact Kim.

2nd Monday of Each Month - Room 105 (6:00-7:00 p.m.)

February 13, '12—*"Mourner's Bill of Rights"*

March 12, '12—*"Healing Your Grieving Heart"*

April 9, '12—*"Is What I'm Feeling 'Normal?'"*

May 14, '12—*"What Makes My Grief Journey Unique?"*

June 11, '12—*"Seasons of Grief"*

July 9, '12—*"Griefbursts"*

August 13, '12—*"Nobody Can Help You With Your Grief' and Other Misconceptions"*

September 10, '12—*"Complicated Mourning"*

October 8, '12—*"Cherishing Your Memories"*

**November 12, '12—*"Handling the
Holidays" (SPECIAL EVENT)***

**December 10, '12—*"Honoring the
Memory of Your Loved One
During the Holidays"***

January 14, '13—*"Identity Theft" (6-7 p.m. w/30 minute discussion after)*

HEART2HEART CONNECTIONS

(For Widows of St. Joseph Hospice Patients)

This social event is provided FREE OF CHARGE for the widows of our St. Joseph Hospice Patients. If you have any questions, please contact Kim Smith at (504) 734-0140 or stjosephnober@yahoo.com. No registration required. If your loved one was not a patient of St. Joseph Hospice, but you would like information regarding social events, please contact Kim.



3rd Wednesday of Each Month -- Room 105 (Snack & Meeting: 10-11:30 a.m.)

January 18, '12

February 15, '12

March 21, '12

April 18, '12

May 16, '12

June 20, '12

July 18, '12

August 15, '12

September 19, '12

October 17, '12

November 21, '12

December 19, '12



COFFEE & HANDSHAKES

(For Widowers of St. Joseph Hospice Patients)

This social event is provided FREE OF CHARGE for the widowers of our St. Joseph Hospice patients. If you have any questions, please contact Kim Smith at (504) 734-0140 or stjosephnober@yahoo.com. No registration required. If your loved one was not a patient of St. Joseph Hospice, but you would like information regarding social events, please contact Kim.

3rd Wednesday of Each Month -- Suite 155 (Breakfast & Meeting: 10-11:30 a.m.)

January 18, '12

February 15, '12

March 21, '12

April 18, '12

May 16, '12

June 20, '12

July 18, '12

August 15, '12

September 19, '12

October 17, '12

November 21, '12

December 19, '12

HAVEN OF HOPE

(For Adult Children of St. Joseph Hospice Patients)

This social event is provided FREE OF CHARGE for the adult children of our St. Joseph Hospice patients. If you have any questions, please contact Kim Smith at (504) 734-0140 or stjosephnober@yahoo.com. No registration required. If your loved one was not a patient of St. Joseph Hospice, but you would like information regarding social events, please contact Kim.



3rd Thursday of Every 2nd Month -- Suite 155 (Meal & Meeting 6-7:30 p.m.)

January 19, '12

March 15, '12

May 17, '12

July 19, '12

September 20, '12

November 15, '12



4-SESSION SUPPORT GROUP

This support group is provided FREE OF CHARGE for the family and friends of our St. Joseph Hospice patients. If you have any questions or to register, please contact Kim Smith at (504) 734-0140 or stjosephnober@yahoo.com. **Registration required.** If your loved one was not a patient of St. Joseph Hospice, but you would like information regarding support groups, please contact Kim.

The First 4 Thursdays in February & August, 2012 -- Suite 155 (6-7:30 p.m.)

Feb. 2, '12 & Aug. 2, '12 -- *Accepting the Reality of the Loss*

Feb. 9, '12 & Aug. 9, '12 -- *Working Through the Pain of Grief*

Feb. 16, '12 & Aug. 16, '12 -- *Adjusting to an Environment in Which the Deceased Is Missing*

Feb. 23, '12 & Aug. 23, '12 -- *Emotionally Relocating the Deceased and Embracing Life Again*

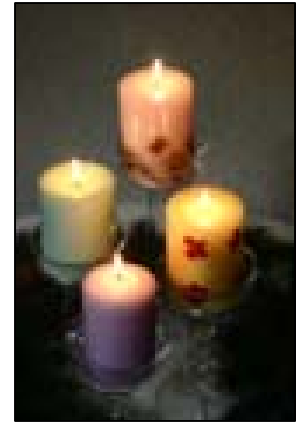
MEMORIAL SERVICES

(Special invitations will be mailed to families eligible for these events.)

Memorial services are provided FREE OF CHARGE for the family and friends of our St. Joseph Hospice patients. If you have any questions, please contact Kim Smith at (504) 734-0140 or stjosephnober@yahoo.com. **Registration required.** This event is only open to the family and friends of our St. Joseph Hospice patients.

June 16, 2012 -- *(Oct. 1, 2011-March 31, 2012)*

December 1, 2012-- *(April 1, 2012-Sept. 30, 2012)*



3RD ANNUAL THANKSGIVING DAY DINNER

WHO? St. Joseph Hospice Family & Friends

WHERE? 824 Elmwood Park Blvd. Ste. 105 *(LCCU Conference Room)*

WHEN? Thursday, November 22, 2012 -- 1:00-3:00 p.m.

COST? FREE of Charge

Please RSVP to Kim Smith by calling 504-734-0140 or emailing stjosephnober@yahoo.com on or by Friday, November 19, 2011.